

Vynnie The Gardener's Quick Tips for Starting Seeds

- #1 - Select plant seeds you love to eat. You will likely produce a lot of it.
- #2 - Select short season plants. (this is the 'days to harvest' on the seed packet)
- #3 - Select heirloom and heritage variety seeds. Taste great!
- #4 - Do your research with other gardeners on what grows well in your area.
- #5 - Have your starter pots and carrying trays ready to go.
- #6 - Have shade/frost protection ready, especially if you start seeds in ground.
- #7 - Use a fine planting medium and keep it moist.
- #8 - Keep seed soil moist by watering a few times daily (for first 2-4 weeks).
- #9 - Use a spray gun or pump sprayer, and mist-water the soil. (Best to use filtered water to prevent yellowing of leaves.)
- #10 - Seedlings don't need fertilizer until 4-6 weeks old. Use a diluted/weak fertilizer (compost tea), and apply 1-2 times weekly with watering.

Do your calendaring:

Date you (will want to) start you seeds.

Days to harvest. (any conflict with vacation, summer heat, frost, holiday?)

Days for germination.

Plot all planning dates on calendar (vacation, harvest, monsoon, frost).

Note all observed events on calendar (start, flowering, fruiting, high temps).

Vynnie's top pics to start from seed: (easy, robust, nutrient, versatile)

- Tomato (mini varieties)
- Okra
- Chard
- Beets
- Broccoli

For more on holistic gardening, contact Vynnie The Gardener at:

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